



Dominican Republic Sleep Apnea Symposium

All-Inclusive

Club Med Michès Playa Esmeralda

January 18—25, 2025

Dominican Republic

Michès Playa Esmeralda



Resort highlights

- An eco-chic Resort located in an untouched, pristine destination, tucked away from the world, a very secret hideaway surrounded by a lush palm grove and tropical forest.
- An Exclusive Collection Resort for the ultimate luxury experience in Dominican Republic.
- The first Club Med Resort featuring 4 boutique-villages
- The ideal location to discover the gems of the Dominican Republic.



To Book Your Hotel Stay Contact

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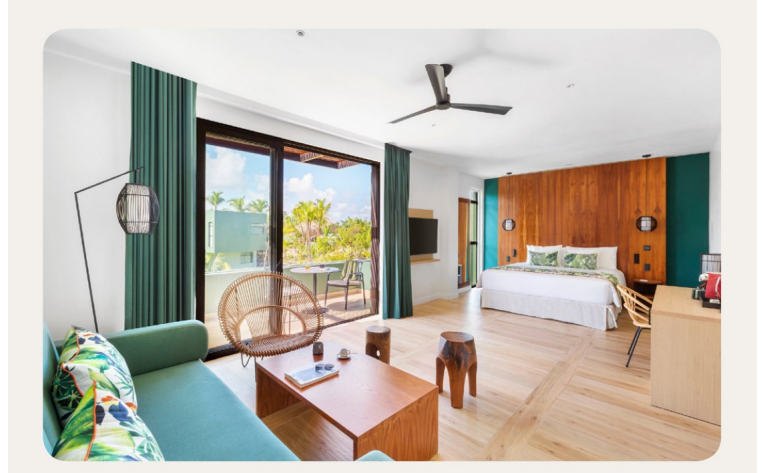
Caribbean Paradise

The Caribbean Paradise welcomes all with a vibrant and lively island ambiance, close to the main pool and Beach Lounge.



Accommodations

Deluxe Garden View Rooms—484 sq. ft.



Included Amenities

Equipment

- Air conditioning
- Telephone
- Television(s)
- Sofa
- Bluetooth speakers
- Espresso machine
- Kettle - Coffee/tea making facilities
- Iron & ironing-board
- Umbrellas
- Safe deposit box
- Cast system
- USB socket
- free WIFI basic connection
- Electricity: 100-127 V

Bathroom

- Shower
- Twin vanity sinks
- Bathrobe
- Slippers
- Hair Dryer
- Magnifying mirror
- Amenities : accessories (vanity kit, manicure kit, etc.)
- Spa brand amenities (shampoo, shower gel, body lotion)

Services

- Room Service included for continental breakfast
- Concierge service
- Lunch offered if early arrival (prior to 3.00pm)
- Luggage service
- Minibar (non-alcoholic drinks) - refilled upon request
- Turndown Service
- Beach towel
- Laundry service (extra charge)

Sports & Activities**



Water Sports

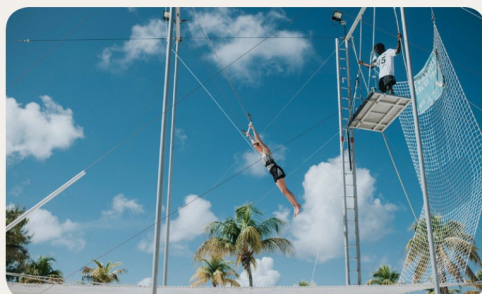
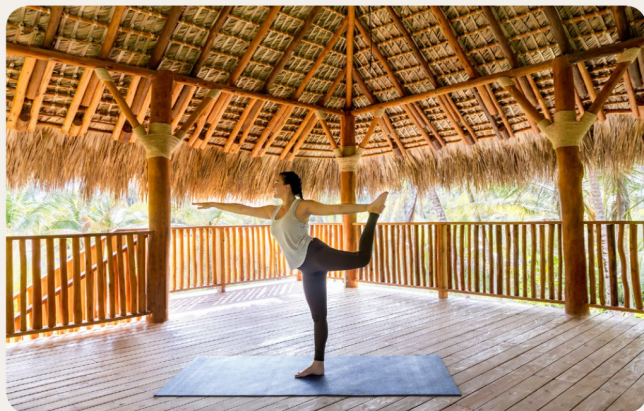
| | Group lessons | Free access | At extra cost class | Min. age (years) | Dates available |
|-----------------|------------------------------|-------------|---------------------|------------------|-------------------------------|
| Kitesurfing* | All levels | | ✓ | 13 years old | From 01-05-2024 to 30-09-2024 |
| Wingfoil | Group lessons for all levels | | | 16 years old | Always |
| Stand up Paddle | All levels | | | 8 years old | Always |
| Electric surf* | All levels | | ✓ | 14 years old | Always |
| Kayaking | Free access | | | 16 years old | Always |

*on demand (at extra cost)
**depending on weather conditions

Land Sports & Leisure

| | Group lessons | Free access | At extra cost class | Min. age (years) | Dates available |
|--------------------------|---|-------------|---------------------|------------------|-----------------|
| Yoga | Initiation group lessons / Group lessons for all levels / Intermediate / All levels | | | 4 years old | Always |
| Cooking lessons | All levels | | | | Always |
| Trapeze & Circus | All levels | | | 4 years old | Always |
| Archery | Initiation | | | 6 years old | Always |
| Fitness | Group lessons for all levels / Free access | | | 16 years old | Always |
| Tennis | All levels | | | 4 years old | Always |
| Dance lessons | Initiation | | | | Always |
| Entertainment | All levels | | | 16 years old | Always |
| Pickleball | | ✓ | | 4 years old | Always |
| Team sports | | ✓ | | 8 years old | Always |
| Swimming Pool Activities | Free access | | | 8 years old | Always |
| Minigolf | Free access | | | | Always |
| Pétanque (boules) | Free access | | | | Always |
| Table tennis | Free access | | | | Always |
| Tubing* | Free access | | ✓ | | Always |
| Excursion* | | ✓ | ✓ | | Always |

*on demand (at extra cost)
**depending on weather conditions
*** Pre-bookable green fees packages at extra cost



Swimming pools



Main swimming pool

Outdoor pool



This fresh water swimming pool is ideally located in the heart of the Resort.

Children are under the supervision of their parents or an accompanying adult.

Depth (min./max.): 0.656168m / 4.265092m

Family Pool

Outdoor pool



A swimming pool reserved exclusively for parents and children, staying in "la Perla".

Children are under the supervision of their parents or an accompanying adult.

Depth (min./max.): 0.984252m / 3.937008m

Children's swimming pool

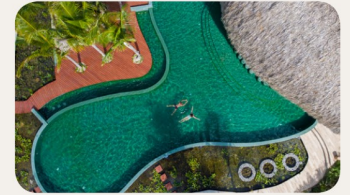
Outdoor pool



At Petit Club Med and Mini Club Med, your children can have fun in the paddling pool and shallow pool. Young G.Ms love cooling off in the water, whether they are playing games, trying sports or simply relaxing.

Zen Pool

Outdoor pool



Rest and tranquility are the keywords for this freshwater pool for adults only over 18 years old.

Depth (min./max.): 0.656168m / 4.593176m

Club Med Spa by CINQ MONDES*

CINQ MÔNDES
SPA PARIS

Inspired by ancestral beauty traditions from all over the world, Cinq Mondes offers a sensory journey® through different cultures. Discover treatments that combines the quality of natural ingredients with genuine savoir-faire, inspired from our collaboration with masters of traditional medicines. Going back to your roots, with long lasting effects.



Restaurants & Bars



Bars

Cayuco Bar

Main bar

Coco Plum Beach Lounge Bar

Beach Bar

El Limon Bar

Pool bar

Coffee Shop

Coffee Shop

La Perla Bar

Pool bar

La Cava

Wine Bar

Restaurants

Cayuco - Main Restaurant

Main Restaurant



Savour the refined, diverse cuisine in one of the four dining rooms. Each one has its own atmosphere: a streamlined style with shades of blue for the adults' room, a jungle style and tropical influences for the others, especially the terrace. A Cacao & Co. area is also dedicated to children. Here there are so many pleasures for the taste buds and the eyes!

Coco Plum Beach Lounge

Beach Restaurant



Here, you can enjoy fresh, local specialties straight from the land, a true chef's delight. Located on the beach, directly facing the ocean's crystal clear waters, this restaurant is opened from late breakfast to dinner in a chic and relaxed atmosphere. Enjoy a romantic dinner for two, or a great time with friends and family on the spacious deck with its breathtaking view of the ocean.

Coal and Copper Steakhouse

Specialty Restaurant



Made out of wood, metal, and leather booths, this restaurant is an ode to urban style design. Here, you can enjoy a luxury culinary experience. On the menu? Charcoal grilling and high-end produce such as age-dried meats, ribeye, caviar and lobster. Sample fine wines and spirits to elaborate your meal. Open for dinner only, the restaurant is on a reservation-only basis and will come at extra cost.

Secret Chocolate Room

Family Restaurant



Welcome to this children's paradise! Keep your eyes peeled as the chocolate room is hidden in the children's section of the main restaurant and the access code to get in is somewhere on the menu! This confectionery filled treasure room exudes a deliciously sweet atmosphere. Fruits and marshmallows for dipping in the chocolate fountain will have the children jumping for joy!

All-Inclusive Accommodations - \$2,051pp Based on Double Occupancy

Club Med Membership Fees - \$60pp

Airport transfers to/from - \$100pp

Total cost per couple = \$4,322

Prices are in USD

Must Book With Cruise and Travel Partners to Participate in the Symposium

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